

OFFICE: 9191 Bay Pines Boulevard • St. Petersburg • FL 33708 • (727) 392-8858

February • 2016

Happy Valentine's Day! Grab your sweetheart and go have some

fun like these great couples!

Jane & Al Garner of Palm Hill

Issue 12

39th Year

Richard & Lorraine Sturtz of Teakwood Village

Monthly Mania Winner! \$100 • Ted Deisenroth Wyngarden MH Washing

Charles & Patricia Wetmore of Paradise Island

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Important Phone Numbers

NON EMERGENCIES

St. Petersburg Police Dept.	893-7780
St. Petersburg Fire Dept.	893-7694
Pinellas County Sheriff	582-6200
Florida Highway Patrol	570-5010

UTILITIES

Bright House Customer Service	329-5020
Knology Sales	239-0211
Service	(866) 745-3685
Progress Energy Service	(800) 700-8744
Power Outage	(800) 228-8485
Verizon Service	(800) 483-4000
Directory Assistance	411

PUBLIC OFFICES

DMV-Tags, Driver's License	
1800 66th St. N., St. Petersburg	464-7777
St. Petersburg Chamber of Commerce	821-4069
St. Petersburg City Hall	893-7171
St. Petersburg Post Office	(800) 275-8777
St. Petersburg Main Library	893-7724
Social Security Administration	(800) 772-1213

HOSPITALS

Bay Pines VA	10,000 Bay Pines Blvd., St. Petersburg, 33708	398-6661
Bayfront Medical Center	701 6th St. S., St. Petersburg 33701	823-1234
Largo Medical Center	201 14th St. SW, Largo 33770	588-5200
Morton Plant	300 Pinellas St., Clearwater 33756	462-7000
Northside	6000 49th St. N., St. Petersburg 33709	521-4411
St. Petersburg General	6500 38th Ave. N., St. Petersburg 33710	384-1414

Harbor Lights Club Office 392-8858 • Harbor Lights Clubhouse 398-2731 • Marina 392-4933

Emergency - 911





HARBOR LIGHTS SCUTTLEBUTT FEBRUARY, 2016 D











FEBRUARY 2016 SCUTTLEBUTT

- Aquacise every Monday, Tuesday, Thursday, Friday 8:00am and 9am-NO WEDNESDAYS
- Bingo every Tuesday and Friday 7pm no Bingo Fri Feb 5th
- Bocce every Monday and Friday 9am
- Bus to shop every Friday 9:30am
- Fun shuffling Wednesdays evenings at 7pm
- Line Dancing Mondays at 1:00pm
- Social Club Coffee and social hour each Wednesday 9:00am Meeting each Wednesday at 10:00am – open to all, owners and renters



Results of Homeowners Election in next month's Scuttlebutt

RUMMAGE SALE:

To be held Sat Feb 6th in the clubhouse. Furniture items will be collected Fri Feb 5th, please call chairperson Fern Miller, 498-6246, to arrange pickup. Lunch will be available for purchase.

Auction at 7pm



PANCAKE BREAKFAST:



At Feb 20th – 8:00am to 9:45am - Please bring your own plates, cups, and utensils. Tickets are \$2.00pp at Social Club or contact Bing or Trudy Bingham 727-397-6381. Thank you to Bing and his committee for the January breakfast and to all of you who supported this event. See you in February.

GOLF CARTS:

D lease remember to turn on your lights after sunset! Our streets are very dark!

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THANK YOU:

belated thank you to Leo Girouard and Don Halker for their assistance in organizing the Christmas parade. With only a short amount of time, it was a great success. The carts were all decorated beautifully, as well as the bikes. Even Santa made time for a visit.



All of us are hoping this will be an annual event.

New Year's Eve Party:

Thank you to Chairmen MaryLou and Ed Belliveau, and Co-chairmen Janet and Jim Wagner for a great New year's Eve party. What a great way to start the new year. Thank you also to all who helped decorate the community center and transform it into a beautiful ballroom.

DANCE:

eb 18th – Don and Suzy – tickets \$6.00pp – BYOB – See Ed or Marylou Belliveau

SWEETHEART DINNER:

Thursday Feb 11, 2016 – Please join us in celebrating with those couples who will celebrate their 50th anniversary during 2016. This is a popular affair so sign up early to get a table. Each table plans their own meal and decorates their table. 3 prizes will be awarded to the best decorated tables. An impartial judge will do the honor. This is BYOB, dessert will be provided, and there will be music from 7-9pm for your dancing enjoyment. Chairperson for this event is Fern Miller.

Eight couples are celebrating this year: Bing and Trudy Bingham, Giovanni and Maggie Cassata, Norman and Stella Collette, Earl and Judith Farmer, Howard and Christine Kaiser, Wayne and Mary MacDonald, Clayton and Joan Norton, and Daniel and Danielle Penot.

A Complete Listing of Resident Services can be found on the page before your calendar HARBOR LIGHTS SCUTTLEBUTT FEBRUARY, 2016 D





HARBOR LIGHTS SCUTTLEBUTT FEBRUARY, 2016 D

SHUFFLEBOARD:

un shuffling Wednesday evenings at 7:00pm. Please come up to the \dashv courts and try this fun, exciting game.

BOCCE:

e welcome Bob McClure as the new president of the Bocce Club. We congratulate him for accepting this position and give him our full support. Remember Bocce is played Mon and Fridays at 9am. New players always welcome. Very easy to play. Get ready for next tournament: Coming in March, Canada vs USA Tournament. Dues only\$3.00

LINE DANCING:

↑ ome and enjoy an hour of dancing on Mondays from 1-2pm. Chuck and Jo will teach us many new dances. Lots of fun!

TRAVEL:

- March 1, 2016 Myakka River State Park Spend a day seeing some of Florida's exotic wildlife in the wonderful area near Sarasota. Included is bus transportation, boat and tram tour, lunch at der Dutchman restaurant and all gratuities for the day for \$86.00.
- 5 Night Western Caribbean Cruise November 28th to December 3rd, 2016 Sailing roundtrip from Tampa to Georgetown, Grand Cayman; and Cozumel, Mexico on the Royal Caribbean ship: Brilliance of the Seas
- 10 Night Ultimate Caribbean Cruise January 20 -30th, 2017 Sailing roundtrip from Ft. Lauderdale to St. Thomas, St.Kitts, Barbados, and St.Maarten on Celebrity Equinox

See bulletin board in club house for more information and to sign up. For more information contact John Cmiel 289-4180 or Leo Girouard 398-4307

PHONE DIRECTORIES: Available from Diane Piscopo at Social Club Meetings or call 391-1746 to obtain a copy.





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Multiply Your Monthly Mania!

s you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. We pay out \$400 every month to residents who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just SUGGESTING a business to advertise.

Here is how is works:

- 1. Call our office and suggest a business to advertise in the newsletter
- 2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
- 3. The more businesses you suggest, the more chances you have to win. (To qualify each resident can only suggest a business once)

The Referrals Last Month!

What businesses would you like to see advertising? We have spots available in the following categories:

	1 0	
Accountant/Tax Prep	 Foot Specialist - Podiatrist 	Moving Services
Assisted Living Facility	 Golf Cart Sales & Service 	Optometrist
Attorney/Lawyer	 Hair Salon/Day Spa 	Painting - Inside & Outside
Automotive Painting/	Hearing Aid/Retail	Pet Services
Detailing	Home Care	• Pharmacy
• Automotive Repair/Sales	Home Furniture & Mattress	Remodeling/Interior
Awnings	House Cleaning	Resale Store
• Banks	• Insurance Home/Auto/Health	• Restaurants
Bathroom Remodel	 Investment/Brokerage 	Screen Repair Screen Repair Screen Repair
Bicycle Repair & Sales	Jewelry Sales/Design/Repair	• Storage Just for
• Bingo	 Manufactured Home Sales 	Taxi/Shuttle Calling In!
Chiropractor	 Massage Therapy 	Travel Agent
Computer Services	 Medical Doctor 	• Veterinarian
• Dentist	 Mobile Home Supplies - 	Window Film/Tinting
Driveway Coating	Retail	Window Washing
Fitness Center/Gym	 Motorcycle/Moped Sales & 	Window Treatment/Interior
Floor Coverings/Retail	Repair	
Mont	hly Media - (727) 484	-7/88
	iny meula * (121) 404	

Thanks For







LOST AND FOUND:

issing - a large set of keys. If you have knowledge of their whereabouts please let Leo or one of the Social Club officers know.

FISHING:

Jayne Kraemer – Mangrove and Hog Snapper Fishing Champion - 2015Bill Seaman – Blowfish champion – 2015

ALUMINUM CANS:

lease save for Dave Gentner -

ADDITIONS AND CORRECTIONS:

 ADD: Bancroft, Frederick (Fern Miller) McWhinnie, Edward 9162 48th Ave North Charlton, Doug (Diane Marco) 9106 46th Ave. North Sargent, Mark (Bob Sargent) 9325 50th Terr.North
 DELETE: DeRuscio, Joseph (Diane Marco)

Back by Popular Demand:

The church held a "Marriage Seminar and the priest asked Luigi, as his 50th wedding anniversary approached, to share some insight into how he managed to stay married to the same woman all these years. Luigi replied," Well I tried to treat her well and spend money on her. But the best thing I did was take her to Italy for our 20th anniversary." The priest said "Luigi, you are an inspiration to all husbands here today. Please tell the audience what you plan for your wife for your 50th anniversary." Luigo proudly replied "I'm gonna go get her."

Congratulations to all our couples celebrating 50 yrs of marriage during 2016.

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February Is...



American Heart Month. Heart disease kills an estimated 630,000 Americans each year. February has been celebrated as American Heart Month since 1963 as part of the effort to urge Americans to join the battle against heart disease. Learn how to reduce your risk through lifestyle changes and, in some cases, medication.

Black History Month. An annual observance in the United States, Canada, and the United Kingdom to commemorate the history and contributions of black people. Black History Month was officially recognized by the U.S. government in 1976, with President Gerald R. Ford urging Americans to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history."

Grapefruit Month. Rediscover the naturally invigorating grapefruit. Loaded with vitamin C, grapefruit helps boost the immune system during these winter months when colds and flu are at their peak. Whether you enjoy it fresh from its golden skin or straight from a glass, there's nothing quite like the bold taste and healthy goodness of grapefruit.

Library Lovers' Month. Library Lovers' Month is a month-long celebration of school, public, and private libraries of all types. This is a time for everyone, especially library support groups, to recognize the value of libraries and to work to assure that the nation's libraries will continue to serve.

Weekly

National School Counseling Week, Feb. 1-5. Sponsored by American School Counseling selor Association, National School Counseling Week highlights the impact school counselors can have in helping students achieve school success and plan for a career.

Burn Awareness Week, Feb. 1-7. Designed to provide an opportunity for burn, fire, and life safety educators to unite in sharing burn awareness and prevention messages in communities, and to kick off a year full of burn awareness education.

National Entrepreneurship Week, Feb. 20-27. National Entrepreneurship Week is a celebration of a lifelong learning challenge for youths and adults interested in finding exciting career opportunities. Teachers and students can get involved at all levels, as well as entrepreneurs, policy makers, community leaders, and parents.

National Engineers Week, Feb. 21-27. Dedicated to ensuring a diverse and well-educated future engineering workforce by increasing understanding of and interest in engineering and technology careers.

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Events for February

- 1st Finals Men vs Women Bocce Tournament
- 3rd Homeowners Board Meeting after Social Club
- 6th Rummage Sale
- 7th Super Bowl Sunday
- 10th Ash Wednesday
- 11th Sweetheart Dinner
- 14th Valentine's Day
- 18th Dance Don & Suzy tickets \$6.00 BYOB
- 20th Pancake Breakfast 8am- 9:45am
- 22nd Washington's Birthday

Cold weather dangers to watch for.

Vinter is far from over, and that means staying safe in cold weather is still important. Remember these tips for getting by until spring:



- Frostbite. Frostbite can occur in a short amount of time, especially with children. They can lose body heat quickly, sometimes in as little as 20 minutes. Dress kids warmly, but don't over bundle them, which can cause sweating and speed the loss of body heat. Also, discourage kids from eating snow, since it lowers body temperature, which can decrease resistance to frostbite.
- Carbon monoxide. Check your furnace and other heating appliances to make sure they aren't creating a danger to your co-workers or family. Carbon monoxide poisoning is often mistaken for the flu. The symptoms include achiness, headache, and nausea. Carbon monoxide is odorless and colorless, and it can affect children before it affects adults.
- Vehicles. We all know to walk carefully on icy roads and sidewalks during winter. But injuries can also stem from sliding and skidding vehicles that may not be able to stop before hitting someone. Be sure to walk in bright or reflective clothing, and be careful when walking near snow piles and drifts that may obscure your view or the view of a driver.



Services Directory

AIR CONDITIONING SALES/SERVICE E & E Gliddon, Inc.....727-546-4343 Modern A/C Service Co. 727-541-5541 APPLIANCE REPAIR Bob's Appliance Repair 727-637-4789 Sunset Appliance Service 727-559-1137 AUTO REPAIR Suncoast Auto & Tire 727-520-1148 **AUTO SALES / PURCHASING** AWNINGS Bay Area Aluminum Services, Inc. 727-585-4442 Century Awnings Co. 727-559-8811 CABINET REFINISHING CARPET CLEANING COMPUTER SERVICES Largo Tech Services, LLC 727-474-4285 DENTIST Dental Walk-In Clinic...... 727-533-9199 **DUCT / VENT CLEANING** Velocity Air727-754-7956 DRIVEWAY COATING Concrete Wizard, Inc. 727-789-5444 ELECTRICAL CONTRACTOR Haseney Electrical Services, Inc...... 727-441-8434 Imperial Electrical Service......727-535-0708 EMERGENCY MEDICAL TRAVEL FLOOR REPAIR Perfect Repair & Construction, Inc.... 727-539-0852 **GOLF CARTS SALES & SERVICE** Recreational Golf Cars of Florida...... 727-548-8460 INSURANCE/AUTO MANUFACTURED HOME SALES/NEW Citrus Homes/Meadowood Homes ... 727-535-5262 MEDICAL CARE Bay Care ERwww.BayCareER.org **MOBILE HOME SUPPLIES - RETAIL** Mobile Home Depot, Inc. 727-535-1100 Southeast Mobile Home Supplies 727-522-2090 **MOBILE HOME WASH/WAX** MOBILE HOME WINDOW FILM PAINTING/INSIDE & OUTSIDE

Buggin Out Termite & Pest Control 727-535-2629 Modern Pest Control, Inc
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Ray Duncan Plumbing, Inc 727-733-0968
Enos Plumbing
REMODELING/INTERIOR
American Restoration Systems, Inc. 727-525-7200
ROOF COATING
Community Roofing of FL, Inc 1-800-511-2517
ROOF REPLACEMENT
All Weather Roofing 1-800-297-3758
AMS Advanced MH Systems 727-471-0820
ASC Aluminum Specialty Contr 727-547-8300
ROOF WASHING
Heller's Mobile Home Washing 727-667-8110
ROOM ADDITIONS
Bay Area Aluminum Services, Inc 727-585-4442
TIE DOWNS/MOBILE HOMES
Florida Anchor & Barrier Co 727-330-7821
VAPOR BARRIER
Florida Anchor & Barrier Co 727-330-7821
Florida Underhome Solutions
Underhome Armor
VINYL SIDING
AMS Advanced MH Systems
ASC Aluminum Specialty Contr 727-547-8300
AMS Advanced MH Systems
ASC Aluminum Specialty Contr 727-547-8300
Community Roofing of FL, Inc 1-800-511-2517
WINDOW TREATMENTS/INTERIOR Rod Runners
Rou Ruilleis







FEBRUARY•2C Sunday Monday 1 Aquacise Aquacia 8:00am and 9am 8:00am Bingo 7 Bocce 9am Line Dancing 1pm Grou 7 8 Aquacise Aquacia 8:00am and 9am 8:00am Bingo 7 Bocce 9am Line Dancing 1pm 14 15 Aquacise Aquacia 8:00am and 9am 8:00am Bocce 9am Bingo 7 Line Dancing 1pm Valentine's Day 21 22 Aquacise Aquacia 8:00am and 9am 8:00am Bocce 9am Bingo 7 Line Dancing 1pm Washington's Birthday 28 29 Aquacise 8:00am and 9am Bocce 9am Line Dancing 1pm

Harbor Lights

Tuesday		Wednesday	Thursday		Friday	Saturday
se and 9am pm indhog Day	2	Social Club – 3 Coffee and social hour 9:00am Meeting 10:00am – open to all owners and renters Fun shuffling 7pm	Aquacise 8:00am and 9am	4	5 Aquacise 8:00am and 9am Bocce 9am Bus to shop 9:30am	6
se and 9am pm	9	Social Club – 10 Coffee and social hour 9:00am Meeting 10:00am – open to all owners and renters Fun shuffling 7pm	Aquacise 8:00am and 9am	11	12 Aquacise 8:00am and 9am Bocce 9am Bus to shop 9:30am Bingo 7pm Lincoln's Birthday	13
se and 9am pm	16	Social Club – 17 Coffee and social hour 9:00am Meeting 10:00am – open to all owners and renters Fun shuffling 7pm	Aquacise 8:00am and 9am	18	19 Aquacise 8:00am and 9am Bocce 9am Bus to shop 9:30am Bingo 7pm	20
ze and 9am pm	23	Social Club – 24 Coffee and social hour 9:00am Meeting 10:00am – open to all owners and renters Fun shuffling 7pm	Aquacise 8:00am and 9am	25	26 Aquacise 8:00am and 9am Bocce 9am Bus to shop 9:30am Bingo 7pm	27
						MARCH 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31



bill.vaughan@skymed.com

ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

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Pers. Injury Prot\$10,000 Ea. Person, Wage Loss Excluded
Medical Payments\$5,000 Each Person
ComprehensiveACV - \$500 Deductible
CollisionACV - \$500 Deductible
Road Trouble Serv\$50 Each Occurrence
Additional Exp\$30 Per Day / \$900 Each Occurance
Annual Paid In Full Premium \$884.99*

Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2008 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with Air-Bags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving record, credit history, garaging address and type of vehicle.



Valentine's Day, love, and money

oney may not buy you love, but on Valentine's Day it can buy a lot of flowers, candy, and jewelry. Americans last year spent \$18.9 billion on Valentine's Day, with the average person paying \$142.93—\$96.63 on their spouse or significant other, and the rest going to gifts for family members, co-workers, teachers, and others.

Men spent more than women—an average of \$190.53, compared to \$96.58. Almost 52 percent of men bought candy for their partners, 61 percent went for flowers, and 21 percent splurged on jewelry.

The gift giving wasn't limited to people, either—21.2 percent bought something for their pets.

Up all night? Fight insomnia with this information

pproximately 6 percent of people in the U.S. suffer from insomnia and the negative effects it can have on health. If you can't fall asleep at night, these facts from the Live Science website may help:

• Keep a consistent schedule. If you can't get to sleep after a weekend, the reason may be that you've stayed up later for a couple of days. Stick to a consistent routine so you're rested on Monday morning.



• Sleeping pills aren't the answer. Specialists caution that medications don't cure insomnia and may increase other health problems.

• Hormones may play a role. Women are twice as likely to struggle with insomnia than men, studies show. Sleepless nights may be associated with women's menstrual cycles, as well as pregnancy, menopause, and other hormonal changes.

Nobody wants to fall into a safety net, because it means the structure in which they've been living is in a state of collapse and they have no choice but to tumble downwards. However, it beats the alternative.

-Lemony Snicket

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Self-employment supports the U.S. economy

Self-employment is alive and well in the U.S., according to a Pew Research Center analysis of Census Bureau data. Ten percent of Americans workers—14.6 million people—reported being selfemployed in 2014, and another 20 percent (29.4 million) said they worked for self-employed bosses.

Although the self-employed do hire others, their hiring is on a smaller scale, with only 1 in 4 having any paid employees: a median of 3 people, and an average of 8.6.



The Pew statistics show that self-employment plays a vital role in the U.S. economy: Eighty-one percent of people in the agriculture, forestry, and fishing industries were either self-employed in 2014 or worked for someone who was, along with 68 percent of workers in the construction field, and 53 percent of those in professional and business services.

Technology taking over the college classroom

ollege students used to invest in pens, pencils, notebooks, and maybe a pocket calculator before going to class. That's so 20th century. These days 81 percent use a mobile device like a smartphone or a tablet computer to do their studying, according to research by McGraw-Hill Education and Hanover Research.



Smartphones in particular are becoming the tool of choice, with 51 percent of students now using them for study, up from 36 percent in 2013. In general, 77 percent of college students say that technology has helped improve their grades, and 48 percent feel they save time with it.

Reduce stress with these simple steps

Stress can undercut your effectiveness at work. Every job has less than enjoyable moments, but when you start feeling ready to burst, put some of these techniques into action:

• Take a 15-minute break. Once a day, spend 15 minutes relaxing. Try meditation, a quick walk, or some inspirational reading. Don't think about your problems, just immerse yourself in the activity. You'll feel better when you get back to work.

• Learn to say no. You probably can't turn down orders from your boss, but you can take more control of your time by not letting co-workers bury you with requests. Help out as much as you can, but let people know—politely—that you've got to stick to priorities. You'll avoid being overwhelmed by extraneous tasks.

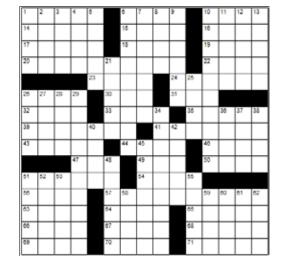




FEBRUARY CROSSWORD

ACROSS

- 1. Japanese wrestlers
- 6. Hens make them
- 10. Hats
- 14. Not together
- 15. Sensed
- 16. Nursemaid
- 17. Oarsman
- 18. Parasitic insect
- 19. Fail to win
- 20. Nonchalant
- 22. Adorable
- 23. Diplomacy
- 24. Loan shark
- 26. Teller of untruths
- 30. 52 in Roman numerals
- 31. Snake-like fish
- 32. Border
- 33. Sell
- 35. Small drum
- 39. Become looser
- 41. Jubilance
- 43. Small finch
- 44. A soft porous rock
- 46. Gumbo
- 47. Dowel
- 49. A gesture of assent
- 50. Bobbin
- 51. A level in a building
- 54. Algonquian Indian
- 56. Novice
- 57. Never-ceasing
- 63. Ear-related
- 64. Amazes
- 65. Nun's attire
- 66. Urgent request
- 67. Nipple
- 68. Overact
- 69. Peddle
- 70. Makes a mistake
- 71. Regenerate







DOWN

- 13. Absolute
- 21. Give birth
- 25. Bristle
 - 26. Not more
 - 27. Doing nothing28. Food thickener
 - 29. Multiplicative

38. A Freudian stage

- inverse
 - 34. Removes trees
 - 36. Bicycle

40. Leg joint

- 11. French for "Love" 37. Wisdom
- 12. Adhesive

1. Indian dress

4. Chocolate cookie

8. Secluded valley

10. Adding machine

2. Atop

7. Jelly

3. Mouths

5. Swagger

6. Efficacious

9. Sculpture

- 42. Burdened 45. Ill-defined
- 48. Whirl
- 51. Ceases
- 52. Name of a book
- 53. Bay window
- 55. Aromatic solvent
- 58. Pitcher
- 59. Disabled
- 60. Black, in poetry
- 61. Location
- 62. Goulash
 - SUMO G C А S G S P A R MA А Е L Т A н ROWE R LEA LOSE F INSOUC ANT 1 С UTE С Т A US URER 1 Α R I. 1 F F EDG Ε ٧ Ε Ν Т AB D s A CKE L N E LA т I O N SER Ν А KRA 1 F 0 т U 0 D E D EG N R E RE RE Y С Е s 0 т т T RO RE LENT LE s 0 Т 1 С AWES HABI т Ε Ρ Е т AT L A Е MOTE R R R s Ε s Ε NEW







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How TB changed our culture

U.S. now, its impact is still felt today. Here are few ways, according to "The Forgotten Plague," a PBS television series, it continues to influence U.S. culture:

• Ice cream cones. Waffle cones to hold ice cream were developed to replace the small glass containers vendors served ice cream in at the beginning of the 20th century. Customers would return the bowls for reuse, but concern about germs generated the need for something that would reduce the possibility of contagion.



• Short skirts. Long women's skirts that dragged on the ground could easily pick up germs from the streets, especially since spitting was once considered socially acceptable until concerns about disease rose. Women quickly adopted skirts and dresses with shorter hemlines that reduced the danger of picking up unwanted germs and bacteria.

• Shaving. Long beards and mustaches for men were considered stylish, but again, worries about the germs they could carry changed people's minds. The clean-shaven look caught on and became a symbol of the rising middle class.

Start your day with a breakfast that counts

B reakfast is the most important meal of the day, many experts (and moms) say, so nutrition and good choices in the morning are key to a healthy lifestyle. Keep these tips in mind to start your day off right:

• Don't skip it. You may think you're too busy or you'll save on calories. In reality, you may not have the energy you need to get going, and you'll probably be more tempted by snacks later in the day.

• Watch the sugar. A food labeled "low fat" may be high in sugar content (yogurt, for example). Juices and coffee drinks can be loaded with extra sugar as well. Keep an eye on unwanted sugar so you don't absorb needless calories—and crash later in the day.

• Get lots of protein. If you put milk on your cereal, remember to drink all of it instead of dumping it in the sink when you're finished eating. Otherwise, try a hard-boiled egg, or spread some peanut butter on your toast.

• Get plenty of fiber. Fiber makes you feel full longer. Bran flakes or an oat bran muffin (without too much sugar) can give you what you need. You can also add chia seeds or ground flax seeds to your cereal.

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A simple favor

man taking a walk one day noticed a small boy trying to use the doorbell on a house across the street. The boy was very short, and the doorbell was too high for him to reach.

After watching the boy's efforts for a minute, the man crossed the street to help. "Hello there," he said, ringing the bell. "What do we do now?"

The boy looked up at him. "Run!"

Best boss ever

S amantha walked into her boss's office. "Tom, my daughter's class is taking a field trip tomorrow, and they want me to drive a dozen third-graders across town to the zoo and stay there with them all day."

Tom shook his head. "Sorry, Samantha, but half the office is out sick. I can't give you the day off."

"Thanks, Tom," she said with a sigh of relief. "I knew I could count on you!"

The best example

The master of a monastery in China was known for his wise teachings. Instead of lecturing people, though, he would demonstrate his purposefulness by sweeping the steps of the monastery every morning with all his being.

Would-be disciples would come to the monastery and ask the man sweeping the steps where the master was. He would reply, "The teacher is teaching now." Because most of the aspirants were looking for a man dispensing advice, they rarely recognized the master—or understood that his "teaching" was meant to show that he was always present in his approach to work and to life.

The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand. —Vince Lombardi



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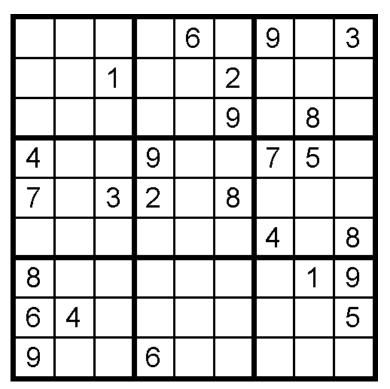






February Sudoku

Difficulty level: hard.







Difficulty level: hard.

2	7	8	1	6	5	9	4	3
3	9	1	4	8	2	5	6	7
5	6	4	з	7	9	2	8	1
4	8	6	9	1	3	7	5	2
7	5	3	2	4	8	1	9	6
1	2	9	7	5	6	4	3	8
8	3	7	5	2	4	6	1	9
6	4	2	8	9	1	3	7	5
9	1	5	6	3	7	8	2	4





10 WORDS for \$8.55 – Each additional word is 80¢ Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

EVENTS & PROGRAMS Carport Sale - February 20th Ranchero	Annual Bazaar: February 20, 2016, 9:00am to 1:00pm. Shady Lane Oaks, 15777 Bolesta Rd, Clearwater. Break- fast and Lunch available. Collectibles.	ARTICLES FOR SALE 2 Crypts in Sylvan Abbey, choice Lo cations side by side extras. 727-243 4100 Suzie	
Village Ulmerton Rd. 8am-3pm.	Household items, Furniture and more. 50/50 drawling, raffles.		
Sat. Feb. 6th, 8am-1pm Annual Bazaar, Lincolnshire Estates, 1071 Donegan Rd, Largo	PARADISE ISLAND ANNUAL FLEA MARKET, March 12, 2016. Paradise	Solid Wood Futon. New Matress, Nev- er Used, Make Offer. 727-738-8109	
TRASH & TREASURE SALE. SER- ENDIPITY MOBILE HOME PARK,	Island MHP 1001 Starkey Rd. Largo. EARLY ENTRY \$1 @ 8am. Very Large Market with over 65 vendors and	2004 Chrysler Sebring Convertible. 57,000 miles, Red, \$3,500 Firm. 727- 53-8090	
SAT. FEB. 6TH, 8AM TO 1PM. MANY ITEMS, CLOTHING, FURNI- TURE, AND MUCH MORE. PLEASE	Treasures Galore. Food from the can- teen. For Tables call Marcia 727-953- 3616	For Sale: New 3-Wheel SunBike with lights \$250.00 Call 727-524-6794	
COME AND JOIN US FOR COFFEE AND DOUGHNUTS, OR LUNCH.	WHITE ELEPHANT SALE - DUNE- DIN, Sat, Feb. 27th 8 am to 1 pm. Lake	1998- 20ft. Pro-Line Center Console, 150 Mercury. Fish-Finder, G.P.S., Bi- mini Top. 2007 Tandem Aluminum	
Sat. Feb 27, 8-1pm Flea Market, Co- lonial Village, 2000 East Bay Drive, Largo	Haven Mobile Home Park - Treasure Cove Club House, 1415 Main St (SR 580). Turn South on Lake Haven Road	Trailer. 727-392-1199	
BAZAAR DORAL VILLAGE Sat. Feb 27, 8am - 1pm, 29250 U.S. Hwy	Turn East into Treasure Cove. Snack Bar Available	FOR SALE	
19N Clearwater (7/10 Mile S. of Cur- lew), Two clubhouses full, Electric, clothes, trash-treasures, china, linens, etc. Morning coffee and donuts from 8am-10am. Lunch poolside, begins at 10:30am.	SALE: Saturday, February 27, 8A-1P. Household, clothing, furniture, misc., holiday, bakery, and lunch. Westwind I and II Clubhouses. 3301 Alternate 19 N., Dunedin. Enter off Alternate 19 or County Road 1.		
Golden Acres M.H.P. 1040 Main St. Dunedin. Many carport sales. Sat. Feb. 13, 8am - 1pm	CARPORT SALE - Gateway MHP, Sat. Feb. 6, 8am-2pm. 10100 Gandy Blvd. St. Petersburg		
Saturday, February 6th, 8:30am- 2:30pm. Garage sale, Shangri-La 249 Jasper St, Largo 33770, off Missouri. Many items & Bale Sale.	CARPORT SALE February 26th Clearwater Cascades 9790 66th Street N 8am-1pm.	WANTED TO BUY	
Carport Sale February 20th East Bay Oaks, 601 Starkey Road 9am until 2pm	White Elephant Sale. Saturday, Febru- ary 6th from 8am to 2pm. Eldorado Vil- lage 2505 East Bay. Furniture, books,	When selling on consignment always get a WRITTEN QUOTE on the sellers' commission.	
Carport Sale at Sugar Creek MHP. Sat. Feb. 13th, 8am - 2pm. 10265 Ulmerton Rd., Largo (behind Pier One store)	HELP WANTED	FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780	
CARPORT SALE - Gateway MHP, Sat. Feb. 6, 8am-2pm. 10100 Gandy Blvd. St. Petersburg	Flea Market Tables Available @ Para- dise Island. March 12, 2016. \$10 &	GOT A CAR YOU WANNA SELL? THE GOOD, THE BAD, OR THE UGLY. CALL NOW: 727-400-1910.	
	\$15. Call 727-953-3616 (Marcia)		

MARCH AD DEADLINE - FEBRUARY 10, 2016

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH. 34 HARBOR LIGHTS SCUTTLEBUTT FEBRUARY, 2016 D



Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

14,492 manufactured home residents have won over \$130,374 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or mail your paid reciept to us at Monthly Media • PO Box 1023 • Venice, FL 34284. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:

(Anow 4-6 weeks for maning of check). This month's cash winners are:							
Ted Deisenroth \$100	Ron Wyngarden MH Washing	Jerry Hadley \$5	Buggin Out Termite & Pest Control				
Phil St. Pierra \$10.	Boss Electric Corp.		Jones & Sons Plumbing				
Marry Lehor \$10.	Air Masters of Pinellas	Michael Iarrobino \$5	Kathy's Cleaning				
Elaine Schemm \$10.	Cozy Corner Family Restaurant	Peggy Turner \$5	Modern AC & Appliance Service				
Leonard Richardson \$10.	American Dream Carpet Cleaning		Natures Resource Pest Control				
	Haseney Electrical Services	Thomas Monacelli \$5	Dunedin Plumbing, Inc.				
	Doll Brothers Carpet & Upholstery	Judy Hedges \$5	Knoblach Hearing Care				
Barry Kelly \$10.	Heller's Mobile Home Washing	Aileen Drugan \$5	Bob's Mobile Home Washing				
Shirley Spencer \$10.	Bill the Carpet Guy	Nancy Hochstetler \$5	Debbie's Salon				
Elizabeth Halbach \$10.	James Slazas Health Insurance		Jone & Son's Plumbing				
John Triba \$10 .	Payless Painting Services	Jonathan Hagen \$5	Imperial Electric				
	Florida Anchor & Barrier		Medicine Shoppe of Dunedin				
	Knoblach Hearing Care		Boss Electric Corp.				
	Ray Duncan Plumbing		Jones & Sons Plumbing				
Kathy Oleksy \$5	Bob's Mobile Home Washing		Ron Wyngarden Mobile Home Washing				
Larry Fuller \$5	Sunset Appliance Service		Heller's Mobile Home Washing				
	Chambers Specialties, Inc.		Air Masters of Pinellas				
	Buggin Out Termite & Pest Control	Melodee Baumgart \$5	Denny's Plumbing, Inc.				
	Denny's Plumbing, Inc.	Cynthia Byer \$5	Socia's Painting & Waterproofing				
	Aluminum Specialty Contractors, Inc.	Arlene Bell \$5	Doll Brothers Carpet & Upholstery				
Ray Wisniewski \$5	Jones & Sons Plumbing	Sherry Cohen \$5	Royal Enterprise				
Art Temple \$5	Bob's Mobile Home Washing		Jones & Sons Plumbing				
Sharon Rop \$5	Bill The Carpet Guy		Ron Wyngarden Mobile Home Washing				
Frank Marmarose \$5	Enos Plumbing	John Robinson \$5	Advertiser Referral				
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• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

